

# PRAISE!

Practical, Inculturated and Integrated Liturgies

for

the Spiritual Exercises

by

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## BRIEF DESCRIPTION

These liturgies are excerpts from a study sought to address the pastoral problem of the retreat director and consequently, the retreatants of Spiritual Exercises: “How can retreats using the Spiritual Exercises of St. Ignatius have more practical, inculturated and integrated liturgies?” Answering this question led Tinnah dela Rosa to gathering, integrating, and analyzing data from various contexts in which the Spiritual Exercises were undergone. Using the data gathered from fellow retreat directors and the available materials on prayer, liturgy, inculturation and the themes of the Spiritual Exercises, this study discussed the Exercises of St. Ignatius of Loyola, its goal, weeks, dynamics and process. The thesis then describes the present context surrounding the implementation of the Spiritual Exercises in the Philippines and the liturgical problems encountered in the process. Finally, this study provides suggestions to make the liturgies for the Spiritual Exercises practical, inculturated and integrated. This is useful to assist the retreat director, retreat coordinator or liturgist of future Spiritual Exercise retreats that are group or semi-directed so that the retreatants can have an experience of the Sacraments and of communal prayer that integrate the themes they are already praying on individually.